

Welcome to Nelson Bays Team Sailing (NBTS) - 2024/25

We are a volunteer organisation that works closely with Nelson Yacht Club and school sports coordinators that exists to provide all secondary school age students in our region with the opportunity to participate in competitive team sailing. Each sailing team is made up of 6 sailors sailing in 3 boats, plus one (or two) reserve sailor(s). Schools may have 1, 2 or sometimes 3 teams. Each school appoints a parent team manager who is also on the NBTS committee, and we liaise closely with school sports coordinators.

Why sail with us?

Team sailing is fast paced, very sociable and a lot of fun. You will get wet, get shouted at (in the spirit of friendly competition), experience amazing highs and lows and develop a whole range of sailing and life skills. For many past team sailors sailing has become a lifelong passion, with team sailing providing a gateway into other sailing disciplines, such as sail cruising, and fleet racing.



What experience do sailors need?

It is expected that sailors will have Learn to Sail Level 1 experience. Our professional coach will explain all the rules of team sailing and we cater for beginner level as well as advanced. New sailors generally crew for more experienced sailors to give them a chance to learn. It is a supportive and inclusive environment, and we aim to cater for different levels of ability.

If you would like to try it out before committing, there is a pre-season training for beginners in the October school holidays as per details below.

There is also an option to sign up and try it out for two weeks at the beginning of Term 4 before you have to pay and commit. To do this, register and select "pay by invoice" and if after you decide not to continue you won't have to pay the invoice. Please keep your team manager informed about your intentions.

What does it cost?

Each term is \$250 per sailor, and each sailor pays a Nelson Yacht Club Youth Membership of \$112.

NBTS operate out of Nelson Yacht Club and as users of all their facilities our sailors must have NYC membership, which also includes Yachting New Zealand membership.

There are additional costs associated with competing at away events, such as Regionals (if not hosted in Nelson) and Nationals. Individual school teams may fundraise for these events, to minimise costs. **Note:** we think the term fees are excellent value for money for professional coaching for up to 6 hours per week (3 hours team training and 3 hours racing on Sundays). The fees do fall far short of covering our costs and this year we have had to raise our fees to cover our operating costs.

What we offer

- Sailing on Nelson harbour in our Olympic class '420' sailing dinghies
- Professional training and coaching twice a week.
- Free use of our boats for NYC fleet racing (for suitably experienced sailors)
- The opportunity to compete at regional, national and international level
- Safety systems and protocols to minimise inherent risks of sailing
- Safety boat cover
- A fun, welcoming and professional environment.

This season we're delighted to be welcoming back Patrick Harris as our sailing coach. Patrick is himself a previous Nationals winning team member.

Can Year 8s join?

Year 8s who are going to secondary school next year can join in Term 4 and sail for the college that they intend to attend. Contact details for team managers are below.

What we expect from you and your family

- A commitment from each sailor to attend training and racing sessions (one weeknight and every Sunday throughout the season)
- A commitment from each sailor's parents/caregivers to help out on 3 full days per season with weekend racing (no experience necessary). For parents with experience with boats there is an opportunity to help with our start boat and safety support boat. There is a sign off process for this please let your team manager know if you can assist with this.
- A commitment from sailors & their parents/caregivers to help out with fundraising.

Dates & events

Our sailing season kicks off pre-season training in the first week of October.

Pre-season training

Beginners and Development Sailors – Monday 30th September to Wednesday 2nd October, 9-4pm Daily. \$180 for 3 days. Registration is via the Nelson Yacht Club website.

This course will be a fun introduction to beginner team sailors who might like to try team sailing before committing to the season, and it is for other sailor who might like to upskill, try out skippering or just get more experience. Expectation is all participants would be Level 1 Learn to Sail Level. This will be limited to 12 sailors.

Advanced Sailors – Thursday 3rd October to Friday 4th October, 9-4pm Daily. \$120 for 2 days.

This course is intended for our experienced team sailors and those wanting to step up to a more competitive level. Limited to 12 sailors.

Term Training

Each secondary school is allocated a training night in Term 4, these training start on Monday 14th October.

Training nights will be as follows:

Monday: Waimea College

Tuesday: Nelson College for Girls

Wednesday: Garin College

• Thursday: Nayland College / NCG

Friday: Nelson College

Note, however, that there will be no sailing over Labour Day Monday 28th October. The final day will be Monday 9th December for Waimea College.

On training nights sailors should arrive as soon as possible after school to rig boats and get ready, training finishes no later than 7pm. If weather conditions prevent sailing then land based training/teambuilding takes place instead.

Towards the end of term 4 our coach will allocate sailors to A & B teams. A teams compete at Nationals.

Sunday Racing

Each Sunday during the season the schools race against each other in 2 sessions. 11am – 1pm and 2 – 5pm. During term 4 sailors will have the opportunity to sail with different combinations of skippers/crew and teams. Your sailor may do the early session one week, then the next week the late session. Each school takes turns providing adult volunteers to provide crew for the start boat and the safety boat for the Sunday sessions. The dates and team responsibility days are below;

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3<sup>rd</sup> November – Nelson College Duty Day
10<sup>th</sup> November – Waimea College Duty Day
17<sup>th</sup> November – Nayland College Duty Day
24<sup>th</sup> November – NCG Duty Day
1<sup>st</sup> December – No racing due to NYC Regatta
8<sup>th</sup> December – Garin Duty Day
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Open Day

There will be an Open Day for Team Sailing at Nelson Yacht Club on Sunday 20th October: 10am-3pm. This is an opportunity for sailors from all schools to get together meet other sailors. New sailors are welcome to come and have a go. There'll also be a BBQ/sausage sizzle.

Regional Regatta - Top of the South Team Sailing Regatta

All sailors will be given the opportunity to attend and sail at the regional regatta in late March (dates TBC). This year it will be held in Picton. Each

team organises its own travel and entry with costs involved for each sailor. Team managers will be in contact with more information once the dates are confirmed.

National Regatta - New Plymouth

Sailors selected for National teams will travel to compete at the Secondary Schools Team Sailing National Championships in New Plymouth in the second week of the April school holidays. Again each team organises its own travel and entry with costs involved for each sailor.

Safety

Sailing is a water sport with an inherent risk. Safety is our priority and parents are required to read through our Operating Manual and Risk Register on our website: **Documents | Nelson Bays Team Sailing (nbteamsailing.org.nz)**

How do I register?

Registration is through the yacht club website: www.nelsonyachtclub.org.nz. You will need a log in before you can register, which you will get with your club membership. (If you are wanting to register to try out team sailing but are not wanting to join the club until you commit, this is possible. Please speak to your team manager about this.)

To get to the registration page follow these steps:

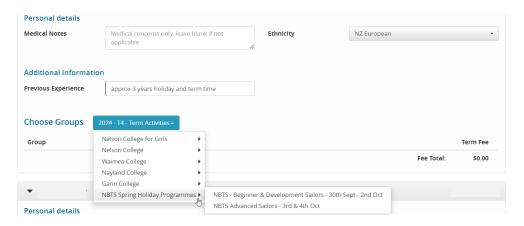
- 1. Log in to the club website
- 2. Hover your mouse over "My Profile" and a "Register" option will appear:



3. Select Nelson Bays Team Sailing:



4. Select the activity you would like to register for (you can register for your college team here, and also the school holiday programmes that Nelson Bays Team Sailing runs):



Looking for more information or have questions?

Nelson Bays Team Sailing Secretary Nbytra.secretary@gmail.com

Nelson College Manager – Nicki Lawes 027 771 1173 nicki lawes@hotmail.com

Nelson College for Girls Manager – Mirka Langford 027 703 2415 langfordmirka@gmail.com

Waimea College Manager – Kelly Taylor 021 259 4709 Nbts.waimea@gmail.com

Nayland College - Dale McDonald, 021 0309 043 naylandteamsailing@gmail.com

Garin College – Matthew McTague, 021 241 6965 mctague888@gmail.com

Nelson Bays Team Sailing Chairman – Rob O'Grady 027 571 5611 robogrady@hotmail.com